Mt. Fuji
2-Day Climbing Tour
with English-speaking guide service

Departure Date: July 17 - August 28, 2012
Price: Adult: JPY 28,800 / Child (6-11 years): JPY 27,800
Sun., Tue., Thu.

Itinerary

Day 1: Shinjuku - Mt. Fuji
Place of stay: Toyokan Lodge

- 7:10 a.m. Keio Plaza Hotel Shinjuku Gijido-dori Avenue
  Koukashita Parking Area
- 11:30 a.m. Mt. Fuji Lake Kawaguchi 5th Station
  <Altitude: 2,304m> After arrival, you will have free time to eat lunch on your own and get ready to climb Mt. Fuji.
- 1:00 p.m. Depart from Mt. Fuji 5th Station
  <Lake Kawaguchi and Yoshidaguchi Climbing Route. / approx. 4 hours>
- 5:00 p.m. Mt. Fuji 7th Station <Elevation: 2,910m>
  Enjoy dinner and a short nap at Toyokan Lodge.
- 10:00 p.m. Depart from the Toyokan Lodge. (Please carry your breakfast with you.)

Day 2: Mt. Fuji - Shinjuku
Place of stay: --

- 3:00 a.m. Reach the top of Mt. Fuji. Eat your breakfast and watch the sunrise. Circle the rim of Mt. Fuji’s crater (Ohachi-meguri) / 90min.
- 5:00 a.m. Depart from the summit
  <Lake Kawaguchi and the Yoshida Descending Route. / roughly 4 hours>
  Mt. Fuji Lake Kawaguchi 5th Station.
- 11:30 a.m. Mt. Fuji Lake Kawaguchi 5th Station
 <br>Retournees>
- 12:30-3:00 p.m. Lake Yamanaka Hot Springs, Beni Fuji no Yu.
  Enjoy lunch on your own.
- 6:00-7:00 p.m. Tour will disband upon arrival at Shinjuku Station.

Not available

Reservation Code: TYO - O - F777

Remarks
1. Please be aware that the altitude at the 5th Station is approx. 2,900m, approx. 3,000m at the Toyokan lodge at the 7th Station, and approx. 3,950m at the Mt. Fuji Peak. The average temperature at the peak often dips below 5%, which is almost a 15% difference than that of the Mt. Fuji 5th Station. Please prepare and dress accordingly for the cold. Please read what to bring and wear on the Mt. Fuji Climb on page 3.
2. As the air at the top of Mt. Fuji is thin, there is a chance you may be subject to mountain sickness. Please make sure you get enough sleep the night before the tour and take care of your health before joining in on this activity.
3. As the purpose of this course is to see the sunrise from Mt. Fuji, on the first day, all tour participants will climb to the lodge located above the 7th station. It may not be possible to see the sunrise from the top of Mt. Fuji due to complications such as bad weather conditions or delays caused by heavy traffic. There will be no refunds for this reason.
4. As a general rule, we will still run this tour when it is raining on the mountain. However, the tour may be cancelled at any time if the tour guide or the climbing guide determines that the weather conditions are unfit or unsafe for mountain climbing. In addition, the tour itinerary, route, and scheduled arrival times may change due to weather and/or heavy traffic.
5. An English-speaking guide will accompany the tour for the entire tour schedule. A climbing guide (Japanese-speaking only) will join the group from the Mt. Fuji 5th Station and remain with the group on the journey up the summit and back to the 5th Station.
6. The tour group will be combined with a Japanese tour group. The English-speaking guide will attend to the Sunrise Tour group during the tour.
7. For safety reasons, all tour participants are required to submit their names, addresses, and emergency contact information on the first day of the tour.
8. If the customer is required to use a lodge other than the Toyokan due to their own circumstance, the cost of the lodge will be the responsibility of the customer.
9. The sleeping area at the Toyokan lodge is mixed-gender with bunk beds. The space allotted to each participant is typically about 1.6 square meters, so please be aware that you may not be able to sleep comfortably. There are no bathing facilities at the lodge. Tickets are located outside the lodge (Western-style toilets are not available) and are not flushable.
10. If you arrive at the Mt. Fuji 5th Station later than the departure time (approx. 11:30am, we will announce the departure time again on the 2nd day) and miss the bus returning to Tokyo, you will be responsible for providing your own transportation.
11. Vegetarian menu options are not available for dinner on the 1st night or breakfast on the 2nd day. Tour participants with special food requirements should prepare their own meals for when climbing the mountain.
12. Children 5 years or younger cannot participate in this tour. Tour participants aged 6-15 years of age are required to be accompanied by a parent or guardian who is 20 years or older. Tour participants between the ages of 16-19 may join the tour by themselves provided they submit a permission slip from parent or guardian.
13. This tour does not include mountain climbing insurance. Mountain climbing insurance is not available to non-Japanese nationals. We recommend that customer purchase travel insurance before leaving their countries.
14. Please inform us of your place of accommodation and contact information the day before your tour when making your reservation.

For Reservation & Information

This tour is operated by JTB Global Marketing & Travel. Higashishinagawa, Shinagawaku, 2-3-11 Tokyo 140-8604 Licensed Travel agent no. 1723
Takashi Sato, Certified Travel Supervisor. A certified travel service supervisor is responsible for supervising all transaction conducted at the sales office where your travel arrangements are made. If you have any questions about your agent’s explanations concerning your travel contact, please feel free to call our office. Please read the “Tour Conditions” on our website upon your tour booking.
**Tour Highlights**

1. **Transportation**
   You will be conveniently transported from Shinjuku to the Mt. Fuji 5th Station round trip in a comfortable bus. Climbing Mt. Fuji is a physically taxing activity, so be sure to rest up well before your excursion!

2. **The Climb**
   Drop off your belongings at the Mt. Fuji 5th Station Rest House and enjoy lunch on your own before beginning your ascent up Mt. Fuji! Climb up the mountain under the guidance of an experienced mountain guide, while taking frequent breaks and trying to avoid any altitude sickness. If the weather is good, you may be able to look down upon the beautiful Lake Yamanaka from the 7th Station.

3. **Meals & Rest**
   After your arrival at the Toyokan Lodge, enjoy dinner with free rice refills. Rest at the napping area at the lodge, but be aware the area is mixed-gender with allotments of only 1.6 meters of space per a person. This area is more of a place to rest your body than to get any real sleep. (*See remarks 9.)

4. **Unbeatable View**
   After you depart from the lodge in the early morning of the 2nd day, you are almost at the top! If the weather is good, you might be lucky to see a beautiful sunrise like this one from the highest point in Japan! After watching the sunrise, Circle the rim of Mt. Fuji's crater (Ohachi-meguri) you will climb down the mountain.

5. **Hot Springs**
   After returning to the 5th Station Rest House, The bus will take you to the Beni Fuji no Yu, a hot springs located in the Lake Yamanaka hot springs area. Relax in this famous hot spring while looking up at an beautiful view of Mt. Fuji. After lunch, your bus will take you back to Shinjuku, where your tour will end.

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**The Mt. Fuji Climb**

- **Day 1**
  - 9th Station (3,600m)
  - 8th Station (3,360m)
  - Toyokan, Mountain Lodge (3,000m)
  - 7th Station (2,700m)

- **Day 2**
  - 6th Station (2,390m)
  - Kawaguchi Lake 5th Station Rest House (2,304m)

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*Please note that the pictures above may differ from your experience on the actual tour.
What to Bring and Wear on the Mt. Fuji Climb

After the weather stabilizes in the summer, even beginners can climb Japan’s symbolic Mt. Fuji. However, be warned, Mt. Fuji exceeds heights of 3,000 meters. Even if the lower part of the mountain is sunny, if the summit is covered in clouds, there is a chance you may run into bad weather. We recommend fully preparing yourself against the cold and rain before climbing Mt. Fuji.

* The below list is only a suggestion of what you should bring to Mt. Fuji. Please prepare for the trip according to the weather on the day of the climbs, your physical condition, sex, and age.

**Clothing**

**[Protection Against the Cold]**
There can be more than a 15°C difference in temperature between the 5th Station and the peak of Mt. Fuji. On top of a long-sleeved t-shirt, you should wear a warm fleece or sweater, in addition to a waterproof windbreaker to help protect yourself against the elements. Wear long pants with elasticity so you can move your knees easily. We do not recommend wearing jeans as they are inflexible and heavy.

**[Change of Clothing]**
Please bring clothing which not only dries easily but which you can also take on and off as necessary when you break a sweat or are rained on while climbing the mountain. Bring a plastic bag to keep them dry until use.

**[Rain Gear]**
Bringing rain gear which protects your upper and lower body separately is best. Do not use an umbrella on the mountain as it is dangerous.

**Walking Stick**
A walking stick will assist you on your ascent. You can buy a wooden pilgrim walking stick for a discounted price at the 5th Station Rest House.

**Hats**
The path from the 5th Station up the mountain is barren and without cover. There are also no clouds to protect you from direct sunlight. Bring a hat to protect your face from the sun, which will not easily blow away with the wind.

**Flashlight**
It is best to bring a head lamp as it leaves both of your hands free.

**Backpack**
Bring a bag in which you can easily and securely carry your belongings. A waterproof bag that protect your belongings from the rain is best.

**Gloves**
Gloves are not only helpful when climbing but also offer protection against the cold. We recommend bringing waterproof gloves as opposed to cotton gloves which do not offer protection against the cold when it rains.

**Shoes**
We recommend shoes that support your ankles as well as protect your feet from pebbles, such as high cut hiking boots. You cannot climb Mt. Fuji in high heels or sandals.

**Other Essentials**

**Water Bottles**
Water is extremely important on the mountain. Although water is sold at the Mt. Fuji 5th Station and the Toyokan Hut, the price is more expensive than it is away from the mountain. We recommend you bring as much water as possible for this trip.

**Plastic Bags**
Please bring a larger sized plastic bag to carry your trash or protect your belongings from sudden rain storms.

**Hand Towel / Towels**
Bring more than 3 hand towels with you to dry your hands after going to the restroom or wipe your sweat when you perspire. Towels at the hot springs the next day will require an additional fee. (Rentals 100 yen, For Sale: 200 yen)

**Toilet Paper**
As toilet paper is not provided in many of the restrooms on Mt. Fuji, please bring your own toilet paper.

**Medicine and Food**
We recommend bringing snacks such as caramel, chocolate, and candies containing salt and sugar for your trip.

**100 Yen Coins**
As the restrooms on Mt. Fuji are not free, we recommend bringing several 100 yen coins with you when you climb the mountain.
Tour Terms & Conditions (Summary)

Please read the contents of the Sunrise Tours’ Terms & Conditions in full (as displayed on the Sunrise Tours website) before booking your tour.

1. Contract for Agent-Organized Tours

- 1.1: When ordering an Agent-Organized Tour (hereinafter referred to as “GMT”) whose name is first in full below and in your tour pamphlet, clients registering such tours shall conclude an Agent-Organized Tour Contract (hereinafter referred to as “Tour Contract”) with GMT, Inc. (Address: 2-31-11 Hyogo-cho, Shinagawa-ku, Tokyo 140-8044

Commissioner of the Ministry of Land, Infrastructure, Transport and Tourism

2. GMT shall provide all arrangements and literary management so that the client receives services including transportation, accommodation, meals, sightseeing, entertainment, services involving transportation, accommodations, facilities and tour itinerary cancellation or alteration owing to booking your tour.

3. GMT shall not be liable for damages incurred by clients as climated in Clause 1.4 hereinbelow if any of the following reasons:
   a) Natural disaster, war, civil unrest, and alteration or cancellation of tour itinerary due to such causes.
   b) Accidents during transportation or accommodations, damages by fire.
   c) Cancellation of services related to transportation and accommodations, and tour itinerary alteration or cancellation owing to booking your tour.
   d) Orders of either Japanese or foreign governments, immigration regulations, isolation resulting from infectious diseases, and other situations beyond the control of GMT.
   e) Accidents occurring during the client’s free activities.
   f) Theft.
   g) Delays, stoppages, changes of schedule and route in relation to transportation facilities, and tour itinerary alterations and/or shortened stays at destinations owing to such causes.

3. Special Instructions

1. In accordance with the GMT Organized Tour Contract, GMT shall pay compensation, or provide compensation money to the client in the event of death or significant bodily harm and/or payment compensation for damage to baggage, which is either damaged or lost during transportation or accommodations, or during the period of the tour itinerary by an amount in no more than fifteen million yen (JPY 15,000,000) for damages caused by GMT’s negligence or fault. In addition, if the client is unable to continue the travel by damage or for reimbursement to the client, then GMT shall compensate the client for damages in an amount of no more than ten thousand yen (JPY 10,000) per employee, and no more than fifty thousand yen (JPY 50,000) per person. In case of a serious accident or death, GMT shall compensate the client in an amount of no more than one hundred thousand yen (JPY 100,000), and for each agent-organized tour, no more than twenty million yen (JPY 20,000,000). GMT shall not compensate the client for the damage or reimbursement to the client charged by the traveling agency.

2. If a client cancels the Travel Contract for personal reasons, the following cancellation rates will apply to the tour fare. Clients shall not be able to receive any compensation or reimbursement of damage from the insurance company.

<table>
<thead>
<tr>
<th>Cancellation Date</th>
<th>Cancellation Rate</th>
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</thead>
<tbody>
<tr>
<td>More than 30 days prior to departure</td>
<td>30% of tour fare</td>
</tr>
<tr>
<td>More than 15 days prior to departure</td>
<td>20% of tour fare</td>
</tr>
<tr>
<td>Less than 15 days prior to departure</td>
<td>No compensation</td>
</tr>
</tbody>
</table>

3. If GMT determines that a client needs medical diagnosis or treatment by a physician owing to illness, functional disease or other reasons, GMT shall, depending on the tour course, arrange such activities under separate conditions.

   a) In performing its obligations under the terms of the Tour Contract, should GMT cause damage to the client through willful damage, negligence, or gross negligence, due to the fault of GMT, the client shall bear the responsibility for the damage occurred within the amount limits set forth above.

4. In case of damages incurred to personal effects and baggage, for each item or each set of items GMT will pay compensation for death in the amount of fifteen million yen (JPY 15,000,000); for residual disabilities, in an amount of no more than five million yen (JPY 5,000,000) for each injury, the date of which is the day described in clause 2 hereinabove,

5. If the client is notified that the tour will be canceled or shortened, the client shall be compensated for the changes in the tour and damages caused by the changes in the tour.

6. The client shall be charged the reservation deposit (“Waiting” does not guarantee confirmation of booking). However, if the client requests GMT to wait until the specified date with his/her consent, this booking status shall be referred as “waiting” hereinafter.) In this case, GMT shall charge the client the reservation deposit (“Waiting” does not guarantee confirmation of booking).

7. In case of tour fare changes, the prices shall correspond with the rates set by the shipping facilities.

8. If a client cancels the Travel Contract as stated in Clause 1 hereinabove and in the Final Tour Itinerary as stipulated in Clause 2 hereinabove, when application for the Agent-Organized Tour is made on or after 7 days prior to the eve of tour departure, the Final Tour Itinerary may, depending on the tour course, arrange such activities under separate conditions. If the client cancels the Travel Contract as stated in Clause 1 hereinabove and the Final Tour Itinerary is not stipulated in Clause 2 hereinabove, when application for the Agent-Organized Tour is made on or after 7 days prior to the eve of tour departure, the Final Tour Itinerary may, depending on the tour course, arrange such activities under separate conditions.

9. Additional Fares

- 9.7: Additional fares required for the following arrangements:

   a) Additional charges for “Upgrade Plans” to upgraded hotels or class of room.
   b) Additional charges for changing from a “Plan Without Flight” to a “Plan with Flight.”
   c) Additional charges for changes from the special price set in the tour pamphlets.
   d) Additional charges for changes from the special price set in the tour pamphlets.
   e) Additional charges for changes from the special price set in the tour pamphlets.
   f) Additional charges for changes from the special price set in the tour pamphlets.

10. Revise Tour Contract

- 10.2: GMT may, after conclusion of the Travel Contract, revise its contents and services for any of the following reasons: natural calamity or other reasons beyond GMT control, force majeure, or reasons which are considered to be necessary by GMT in order to ensure safe, smooth tour operation in accordance with the itinerary.

11. Liability of Client

- 11.6: The client shall take all necessary measures when safe, smooth tour operation in accordance with the itinerary is deemed essential, and shall assume the responsibility for all necessary reservations, purchase of travel insurance, and the like, as necessary. When applications are made for the Tour Contract, the client accepts to assume all responsibility for all such measures.

12. Liability of GMT and Exemption

- 12.5: In particular, the table of compensation that the terms of the Tour Contract, GMT shall assume the responsibility for the client, under the circumstances specified in the table below. However, this only applies if the damage report makes within 3 years reckoned from the day following the occurrence of the damage.

<table>
<thead>
<tr>
<th>Circumstances of Damage</th>
<th>Amount of Compensation (JPY)</th>
</tr>
</thead>
<tbody>
<tr>
<td>In case of damage in booking by travel loan gestion GMT, the above compensation charge will apply.</td>
<td>30% of tour fare</td>
</tr>
<tr>
<td>In case of damage in booking by travel loan gestion GMT, the above compensation charge will apply.</td>
<td>20% of tour fare</td>
</tr>
<tr>
<td>In case of damage in booking by travel loan gestion GMT, the above compensation charge will apply.</td>
<td>No compensation</td>
</tr>
</tbody>
</table>

- 12.6: GMT shall not be liable for damages incurred by clients as climated in Clause 1.4 hereinbelow if any of the following reasons:

   a) Natural disaster, war, civil unrest, and alteration or cancellation of tour itinerary due to such causes.
   b) Accidents during transportation or accommodations, damages by fire.
   c) Cancellation of services related to transportation and accommodations, and tour itinerary alteration or cancellation owing to booking your tour.
   d) Orders of either Japanese or foreign governments, immigration regulations, isolation resulting from infectious diseases, and other situations beyond the control of GMT.
   e) Accidents occurring during the client’s free activities.
   f) Theft.
   g) Delays, stoppages, changes of schedule and route in relation to transportation facilities, and tour itinerary alterations and/or shortened stays at destinations owing to such causes.